

# GUILFORD BACKPACK MINISTRY



PROVIDING FOOD AND BASIC NECESSITIES TO STUDENTS IN NEED  
IN NORTHERN AND NORTHWEST GUILFORD COUNTY AREA SCHOOLS

## What We Do

Guilford Backpack Ministry is a 100% volunteer 501(c)3 non-profit organization whose mission is to provide food and basic necessities to students in need in northern and northwest Guilford County area schools.

Every week during the school year, we provide bags of nutritious, easy-to-prepare, shelf-stable food to close the weekend food gap for local students.

## Items We Need Most

- Individually Wrapped Snacks
- Peanut Butter (16 oz, plastic only)
- Jelly (plastic only)
- Applesauce (plastic only)
- Canned Fruit
- Canned Veggies
- Pasta Sauce (plastic or canned only)
- Mac & Cheese
- Canned Tuna (5 oz)
- Canned Chicken (12.5 oz)
- Canned Ravioli or SpaghettiOs
- Canned Soup
- Instant Mashed Potatoes (4 oz pouches)
- Spaghetti Noodles (16 oz)
- Bags of Rice (1 or 2 lb.)
- Knorr Sides (packets)
- Ramen Noodles
- Boxes of Cereal
- Instant Oatmeal (packets)
- Pop Tarts
- Peanut Butter Crackers
- Goldfish/Cheez-It snack packs
- Granola Bars
- Cereal Bars
- Crackers (Ritz, Wheat Thins, etc.)
- Animal crackers
- Graham crackers
- Juice Boxes



Learn more about  
Guilford Backpack Ministry